Blueprint to Build: Readiness & Resilience Network in Your Hometown

Hi! My name is Elizabeth Robinson, and my husband Stephen and I, like so many people in 2021-2022, popped smoke from where we were living and totally changed our location, lifestyle, and priorities. Even though we lived in the mountains already just west of Boulder, Colorado, it was getting busier and busier, and honestly, so much of the writing was on the wall of where things were headed. We desired small town living, a constitutionalist Sheriff, land, growing food, having goats and chickens, more sovereignty and a chance to withdraw a little more from the matrix.



Sangre de Cristo Mountain Range and Wet Mountain Valley, Westcliffe, CO – 2021

Finding Westcliffe was a God thing, really. We weren't even *really* looking, but when we found it, we knew it was the place. We left the known for the unknown and took a chance that a relatively conservative county in the middle of nowhere might hold promise for the days ahead. Stephen and I still travel for work, and the nearest small airport is 2hrs away, the nearest international airport is 3hrs. So, it's a commitment to be out here. There are no box stores, few corporate business besides an ACE Hardware, some gas stations, and of course, the ever ubiquitous Dollar General. Other than that, it's small business, mom-n-pop shops and local purveyors.

After living here for a year and getting to know more about the history, the people, what it's like to live at 8,000 feet, we started to settle into small town life, while living on 75 acres, starting to homestead and still running our business full time. Westcliffe has approximately 550 residents in the city limits, and Custer County has about 5,500 residents. We also searched for "prepper" type groups and heard stories about many start-ups that dwindled away. Prepper has such a negative connotation, and really what I felt inspired around was how do we create a "neighbor helping neighbor" effect. Most people in 2022 felt very concerned about the future and more determined than ever to be prepared in case of "emergency".

We'd been following John Bush and Derrick Broze for some years and were inspired by John's idea of Freedom Cell Networks and wondered if we could start a form of this here in the valley pulling on people's passions, expertise, and know-how. The following Blueprint is a simple look at our efforts and how we formed what became a strong network with lasting, bonded relationships.



Take it for what it is – our story, and use as much of it that inspires you. Every place is different, people, needs, concerns, cohesiveness or disharmony. You'll have to take it and make it your own for it to work in your hometown. Hopefully, this will serve as an inspiration for you, your family, your friends, and the world you live in.

A Replication Playbook Derived from the Sangre de Cristo Readiness & Resilience Network (R2N) Westcliffe, Colorado

How to use this document

What follows is an operating manual, not a summary. It all started with a single text message to 25 hand-picked people, that produced a shocking 85 attendees in a rural county, and that meeting became a functioning network with working groups, a licensed radio corps, a county map, and a Private Membership Association (PMA) structure.

Read the whole thing once. Then work Phase 0 through Phase 3 in order, because the sequence matters more than any individual step. Phases 4 and beyond are the operating system you install once people show up.



Two rules before you start:

1. **You are the convener, not the boss.** Your job in the first 60 days is to create the room, set the tone, and hand authority away as fast as people earn it. Networks die when the founder becomes the bottleneck.
2. **Speed beats polish**. The original invitation was a text message sent to a restaurant table reservation. It was not a brand, a nonprofit, or a website. Do not spend six weeks on a logo.

Phase 0 — Decide What You Are and What You Are Not

Write down your thoughts before you send your invite. What is drawing your heart to do this. What is your personal story and reason for being the impetus on creating a group like this. And then share those thoughts with those who also feel deeply about this mission. Brainstorm as a small originating group if you can.

Name. Optional: Use your geography plus "Readiness & Resilience Network." Local naming keeps it concrete and non-ideological. Also Optional: Reserve the matching domain under a national domain so local chapters can connect (Example: the national domain for us is r2networks.org and our local chapter is sdc.r2networks.org. You can do the same and branch off the national domain or start your own with your own name, or become one of the Freedom Cell Networks that John Bush started.

Positioning: apolitical, God/Value-and-Neighbor. The original mission statement works because it is boring in the best way. It does not name a party, a candidate, or a catastrophe. Bringing a God-first, or Value-First, or Faith over Fear banner over the entire effort helps hold the higher ground when emotions run high or human messiness comes into play.

Mission statement template — fill in and have a committee rewrite it in their own words:

The [PLACE] R2 Network is a group of neighbors helping neighbors toward [FAITH OR VALUES FRAME], resilient, daily living and community preparedness for improved quality of life in stable or unstable times.

Values to Honor:

- Neighbor helping neighbor, no gatekeeping
- Relationship making & building
- No dues required
- No fees for workshops
- Pass the hat on occasion to cover any costs (room, printing, supplies for demonstrations, etc)
- Interactive and educational
- Practical output at every meeting

- Stay clear of the fear-porn and stay solution focused

The baseline standard you set early: Build relationship w like-minded individuals. Important: you don't have to see everything in the world eye-to-eye; you just need to agree that readiness and resilience are two vital traits you wish to uphold and build in your life and community.

Basic tenant of going forward: Every household should attempt to hold at least 3 months up to one year of food and water reserve for itself, its animals, and one or two additional people. It gives people a number to work toward instead of a vague feeling. Knowing that that is not possible for everyone, work with the group you have and help create reachable goals.

Phase 1 — Build the Founding List and Send the Invitation

I chose not to broadcast. I hand selected 25 people I'd already established relationship with and imagined these things would be important to them too. Personal invitation is the entire engine — a Facebook event will get you a room full of spectators.

Build your list from these categories:

- People you already know and are aligned with
- People passionate about their community, sovereignty and can-do attitude
- Skilled trades: electrician, welder, mechanic, well driller, logger, mason
- Medical: nurse, EMT, paramedic, veterinarian, pharmacist, chiropractor
- Food: ranchers, farmers, master gardeners, canners, hunters, beekeepers, foragers
- Technical: HAM operators, solar installers, satellite and comms people
- Institutional: retired law enforcement, fire, county employees, clergy
- Organizational: existing club and group leaders who can mobilize people

Logistics that made it work:

- A restaurant with a private community room and a working microphone and speaker. Public venue, no host liability, food available for purchase.
- 6pm on a weeknight. Early enough that people still come, late enough to get off work.
- Explicit RSVP request — YES or NO — so you can size the room.

The invitation itself. Adapt this as you will. It was my first text sent to the original 25 people.

Dear [NEIGHBORHOOD] Neighbor and Friend,

Please join me this coming Tuesday, [DATE] at 6pm at [VENUE] for the first meeting of [NAME].

This is an effort to come together as a community to protect our county and individual neighborhoods in the event of natural or unnatural disasters. We do not know what lies before

us, but things are unstable and we have a call to protect our families, our community and our way of life.

We gather focused on resilience — a strong group of like-minded people strategizing and planning for the future. Nothing feels better than knowing you have prepared your home, your family, your animals and those around you for unforetold events, be it wildfire, food shortage, or civil unrest.

We will cover water, food, security, communications, medical, health and other key areas with the goal of an ACTION plan. We are seeking leaders and doers, and will form teams by expertise working in concert with our local Sheriff.

I am reaching out personally because we have talked about this over the past many months. I chose not to broadcast this wide. If you know someone who should be there, text me so I can plan on attendance.

RSVP YES or NO. Bring a pen, paper, and your best ideas.

I invited 25 friends, and 85 people showed up. The original 25 invites produced 85 attendees, almost entirely through word of mouth. Needless to say, I was shocked when I walked in the room as the other 60 attendees, I'd never met. Many were long-time ranchers, or mulit-generational families. Many came to sniff it out, some became the bedrock of our efforts forward, and others I never saw again.



Phase 2 — Run the First Meeting

The first meeting has one job: hear everyone's voice who shows up who wants to share. I got up and took a real chance talking about my background, my oldest brother who was my "great awakener" to the global cabal, Agenda for the 21st Century and Agenda 2030 (to name a very few things). He'd passed away in 2022 and became my inspiration for doing this. I started the Open Mic meeting and then let everyone else who wanted to talk about concerns, hopes, plans, etc, speak for almost the entire two hours. We passed a sign in sheet and almost everyone converted to the original roster. Make that first one about everyone, not just you and your great idea.

Run of show (about 90 minutes):

Minutes | Segment

0–5	Welcome, thank the venue, state the microphone rules
5–15	Your opening remarks: what drew you to this, what you hope for
15–75	Open mic — every person gets 3 minutes to say who they are and what they bring or need
75–85	Explain the sign-in sheet and email list
85–90	Announce next meeting date, hope for direction, call for participation on forming documents, direction, mission statement, establishing silos of learning, etc, closing words

Your opening remarks should include: Why you personally are doing this, a clear statement that this is apolitical and practical, and an explicit welcome to skeptics and old-timers. When long-time ranchers and members of existing preparedness groups show up to "check you out," give them the microphone early and thank them publicly. Some will never return, but their blessing confers legitimacy on everyone watching.

The sign-in sheet is the actual work product. Print it on a clipboard. Columns:

Name | Email | Phone | Location/area in the county | Expertise/Specialty/Interest

Ask for "area", not street address — enough to map density, not enough to feel surveilled. "Expertise" means what they did for a living and what they are lifelong-good at: engineer, nurse, master canner, greenhouse builder, freeze-dryer, HAM operator. This sheet is how you start forming the working groups in the meetings ahead.

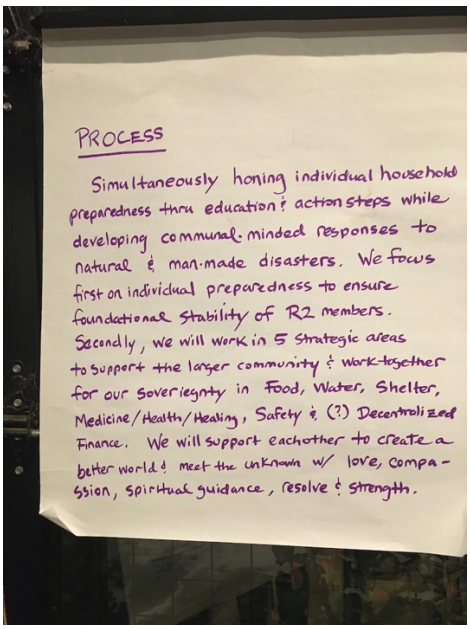
Suggestion: Do not take questions from a panel, collect dues, or present a five-year plan on night one. ;-)

#Phase 3 — Convert Momentum into Structure (weeks 2–6)

Meet weekly. Weekly is not sustainable forever, but it is mandatory while the group is forming (we did it for the first 6 weeks)— momentum decays fast and the second meeting is always smaller.

Form a mission and vision committee in week two. Give it a two-week deadline and a small group of people who feel drawn to word crafting, vision, etc.. Have them draft the final statements from the raw material of the first meeting, then ratify at a full meeting.

Establish the key working groups. We chose 5 working groups to start. Every regular attendee picks one, occasionally two, based on expertise or on need — example: a person who is weak on
food should be in Food/Water.



Group | Scope |

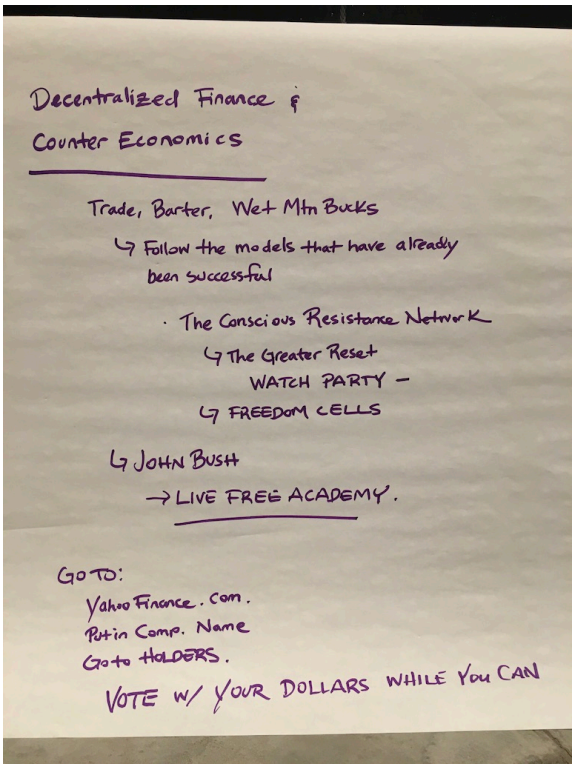
Food & Water: Growing for your climate, harvesting, preserving, foraging, water capture, storage, purification

Shelter: Grid-down habitability: battery backup, solar, wood heat, weatherization, structural basics, fire mitigation, shelter in-place, etc

Safety: Comms (HAM, CB, sheriff's emergency channel protocol), firearms safety and practice, neighborhood watch

Health & Healing: Home medicine, medicinal foraging, medicine stockpiling, first aid, dental, birth

De-Centralize / De-Finance: Local currency, barter systems, off-grid finance, supply chain independence

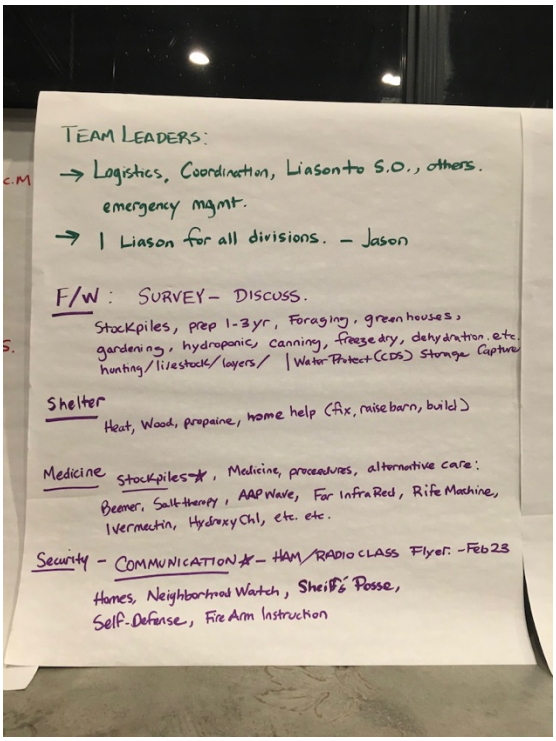


Governance. A small governing board handles logistics, venue, and money. Each working group has a team leader who reports accomplishments, needs, and the day's topic — nothing else. The board does not set curriculum for the groups.

Assign roles nobody volunteers for:

- Note taker (chairs cannot run a meeting and take notes; get a dedicated person)
- Greeter and sign-in steward
- Timekeeper with a visible clock
- Venue liaison
- Childcare coordinator, if you have families

Write After Action Reports when necessary — hot wash what went well, what could go better, what went poorly. Format: what was covered, what was decided, what was assigned to whom, what is next. Keep them to one page. Circulate within 24 hours. These become your “organizational” memory and your proof of seriousness.



Phase 4 — Install the operating rhythm

The Prayer Group (Values Group, if you are secular) sits as the umbrella over the whole structure. Sunday 7pm, wherever people are, for the community, the network, the nation, the world. A team leader issues a short weekly prompt. Send a reminder every week until it is habitual. We are mindful of, or we pray for…this goes on every week without attendance or guidance. Be mindful of the community and visualizing great strides for growth, relationship building, preparedness and deep, abiding personal resilience.

Standard Agenda, 6–8pm.** Print it. Follow it. It is what keeps 85 people from becoming a debating society. Be punctual. Leaving room for mingling and connecting is very important so build that time in as well.

- Opening prayer or statement
- Introduce new members
- Governing board announcements
- Team leader announcements (accomplishments, needs, today's primary topic)
- Demonstration or presentation — optional, intermittent
- Small group breakout sessions
- Reconvene, team leader summaries
- Member open mic — short and sweet, timed
- Announcements: field trips, workshops, events
- Next meeting dates
- Closing prayer, Closing comments that honor the time spent and way forward

Transition to biweekly or monthly: once attendance and group leads stabilize, but never cancel a meeting without a next date on the calendar. Biggest Outcome: People are feeling inspired to do more at home w a list of preparedness to-do items, and if they are already "prepared" they can help others in the network to inspire them.



Phase 5 — Build the Skill Program

Meetings are for coordination. Competence is built outside them. Host workshops and presentations that teach in the most hands on way. Build "readiness" skills – capable, confident, practiced, and "human resilience" skills BACK and FORTH. Stephen and I have trained over 65,000 people in a resilience method we created for our company EvenPulse.com, so this was easy for us to bring into regular meetings. No matter if you are a soldier or a stay-at-home mom, resilience is simply having the ability to regulate your thoughts and emotions, in relation to regulating your nervous system, moment-to-moment.

And truth is, if the proverbial shit hits the fan, all the preparedness in the world won't matter if you cannot regulate your nervous system to get through it.



Schedule a standing calendar of:

- Certification courses with qualified members as instructors — HAM Technician licensing is the highest-yield example: five sessions produced 50+ newly licensed technicians, and those radios are the network's nervous system
- Hands-on builds: greenhouse erection, raised beds, root cellars, solar array install
- Firearms safety and range days; safety and how-to for beginners, practice, practice, practice; experts help beginners.
- Seasonal food preservation intensives in fall, medicinal foraging in spring, summer and fall rotating with seasonal changes. Dependent on location and wild harvests per region
- Field trips to members' working homesteads, specifically to give beginners a picture of what "done" looks like
- Resilience training from a professional facilitator for the membership (this came from Elizabeth and Stephen's 25 years of teaching Human Performance & Resilience training for US active duty and national guard members and families.

Charge materials cost only. Cap class sizes. Continue to recruit volunteers….this is built on a de-centralized, not centralized model for growth.



Create a Binder for Each new PMA Member that includes:

R2 Network Readiness & Resilience Resource Binder
Table of Contents as of June 1, 2023
Tab 1 Name, Vision, Mission, Process, Tagline, Values/Virtues
Tab 2 R2 - Organizational Structure, Area Quadrants
Tab 3 5 Strategic Groups & contact information
Tab 4 5 Strategic Groups Readiness Plans (3-3-3)
Tab 5 Readiness Resources & Equipment for Food
Tab 6 Readiness Resources & Equipment for Water
Tab 7 Readiness Resources & Equipment for Comms/Security
Tab 8 Readiness Resources & Equipment for Medical/Health
Tab 9 Readiness Resources & Equipment for Shelter
Tab 10 Listing of area experts
Tab 11 Listing of “service/labor” providers
Tab 12 Decentralized Finance – Strategy & Process
Tab 13 R2-Resilience Strategy & Training (EvenPulse)
Tab 14 Success Metrics – How do we measure Success?

Phase 6 — Map the county and stand-up “Sanctuary Cells”, or quadrants

Buy a large county map at the from the county. Mount it in the meeting room. Divide the county into quadrants — NW, NE, SW, SE — plus the town center as a fifth section.

Then sticker it:

- Member households by area
- HAM operators
- Candidate community grow sites
- Protein sources: cattle, goats, chickens, hives
- Critical equipment: defibrillators, oxygen, trauma kits, generators, tillers

Sanctuary Cells are the smallest unit: 5–12 households in walking or short-driving distance who know each other by name and phone number. They are the layer that actually functions when roads and cell service fail. Let cells self-assemble by geography; do not assign them from above. Each cell needs a convener, a rally point, and a check-in protocol.

Publish a resource inventory so nobody buys a second tiller — see Phase 8.

Phase 7 — Court your Allies

Ask your sheriff one question first: does he consider himself or herself to be a constitutional sheriff? If yes, invite him to speak quarterly. Put real questions to him about various scenarios: what channel, what staging area, what does he want from you, what does he not want. Get the emergency radio channel protocol in writing.

Do the same with fire, EMS, the county emergency manager, and utility co-op. Then show up at their public events so they know your faces before they need them. Read Sheriff Richard Mack's *The County Sheriff: America's Last Hope* and *Supreme Court Case for State Sovereignty (Mack/Print v. USA)* and hand copies to your board.

Phase 8 — Knowledge base and barter

Three-ring binders, one per working group, holding printed book lists, web links, and member-generated documentation. Print matters — assume the internet is down. Keep a parallel digital copy. (See Appendix for Sample Table of Contents)

Library list. Compile the best go-to resources on homesteading, prepping, and resilience. Vet it. Distribute it.

Barter & Trade board. A running list of shared equipment (tillers, saws, trailers, tools) and skills offered. Every entry has an owner, a condition note, and a return protocol. This is the single cheapest way to raise the whole group's capability and the fastest way to build trust. And it’s one of the reasons a PMA is so important to establish.

Phase 9 — Legal structure and web presence

Private Membership Association. A PMA is a private membership agreement governing how members act, share, trade, and barter, keeping those activities inside the association's locus of control rather than under local, state, and federal jurisdiction. Set it up with counsel — join a PMA legal defense fund and use their paperwork rather than improvising.

Recommendation: Split the Food Arm. If you have a food group handling raw milk, cheese, or raw meat, charter it as its own separate PMA. Its structure and its exposure differ from the main network's structure.

Domain Architecture. Register a national parent domain – doesn't matter if it's R2 or Freedom Cells. Fact is, John Bush has a much bigger following so build there if it makes sense. Every chapter then takes a subdomain — `[YOURTOWN]R2Network.org, '[YOURTOWN]FreedomCells.Com` or whatever— under it. Start with the local site as a member-gated resource locker for the binders, the library, and the resource lists; access is for PMA members only. Gives members somewhere they belong online.

Phase 10 — Unite

Once your chapter runs on its own, hand this document to the next town. Share your binders, your comms packet, your radio recommendations, your herb and remedy lists, and your AAR format. A network of networks is the point; a single impressive chapter is a hobby.

First 90 days checklist

- [ ] Name, mission draft, values written down
- [ ] Founding list of 25+ hand-picked people built
- [ ] Venue, mic, and speaker confirmed; room oversize-booked
- [ ] Personal invitations sent with YES/NO RSVP
- [ ] Sign-in sheet printed
- [ ] Opening remarks drafted
- [ ] First meeting held; roster captured
- [ ] Mission committee formed with deadline
- [ ] Five working groups announced and staffed
- [ ] Note taker, greeter, timekeeper, venue liaison assigned
- [ ] Weekly meeting dates on the calendar for eight weeks
- [ ] AAR #1 written and circulated
- [ ] Prayer/values group launched with weekly reminder
- [ ] Pick Core Groups such as: Food/Water, Shelter, Safety, Well-being, De-Cen/De-Fi

- [ ] Sheriff contacted; constitutional-sheriff question asked
- [ ] County map purchased and mounted
- [ ] Barter board opened
- [ ] PMA counsel engaged; write PMA, create membership
- [ ] Domains registered
- [ ] HAM licensing session scheduled

Special Note: We had amazing teachers in our network and one of them helped to license over 50 Ham Radio technicians in our area. Every Sunday night we have an Emergency Radio Check of the entire county, quadrant by quadrant. There is also a Laid Back Net on Wednesday evenings for those who want to get comfortable w using and talking on their radios!

Metrics that Matter

Watch growth monthly: member households, active working group members, licensed HAM operators, households at 6-month and 12-month food reserve, certified first aid/CPR, cells stood up, classes delivered, barter transactions, and attendance retention from meeting to meeting. Watch retention — know what people's WHY is.

What Kills these Groups

Founder dependency. The chair who does everything gets exhausted and the group dies with them. Delegate by week four.
Drift into politics. The moment it becomes a debate club about national news, the doers leave.
All planning, no building. If three meetings pass with nothing physical accomplished, attendance collapses.
Over-formalizing early. Bylaws and dues before there is a roster strangle a new group.
No Note Taker. Chairs who take notes run bad meetings and miss the room.
Ignoring the old-timers. The rancher who came to check you out is worth ten newcomers, and his endorsement is worth more than any flyer.



Appendix A — Sign-in sheet

Print on a clipboard, one per meeting.

| Name | Email | Phone | Area of county | Expertise / specialty / interest|

Appendix B — Meeting agenda template

[NETWORK NAME] (R2)

AGENDA — [DATE], 6–8pm

Mission statement: [INSERT]

- Opening prayer/statements/moment of deep silence to ground and then begin
- Introduce new members – always recognize new people who attend
- Governing board announcements
- Team leader announcements — accomplishments, needs, today's primary topic
- Demonstration or presentation (optional, intermittent)
- Small group breakout sessions
- Reconvene — team leader summary
- Member open mic — short and sweet
- Announcements: field trips, workshops, events
- Next meeting dates
- Closing prayer

Appendix C — After Action Report template

One page, within 24 hours, to everyone on the roster.

- Meeting date and attendance count
- What was covered, by group
- Decisions made
- Assignments: who, what, due when
- Needs surfaced
- Next meeting date and topic
- Open questions for the board

Appendix D — First Meeting Opening Remarks Outline

1. Who you are and why you sent the text (2 minutes, personal, no abstraction)
2. What this is: neighbors, practical, apolitical (1 minute)
3. What this is not: not a club, not a party, not a sales pitch (1 minute)
4. Welcome to skeptics and long-timers, by name if you can (1 minute)
5. The Goal: Build friendships and have at least 3 months to one year of food and water per household (1 minute)
6. How tonight works: three minutes per speaer, sign-in sheet, start of forming the five core groups and main quadrants of the region.
7. Hand the microphone over



Appendix E – Copy of PMA to Modify

Sangre de Cristo Readiness & Resilience Network (R2) PMA

A Private Membership Association

Membership Application

By joining the Sangre de Cristo Readiness & Resilience Network (SDC R2N) PMA, a Private Membership Association founded by Elizabeth Robinson, and organized by the Team Leaders, Governing Board, and body of the attending R2N, I agree to the terms and conditions of the SDC R2N PMA as follows:

1. This Agreement between Private Membership Association members declares Faith over Fear inside of our mission and our actions and activities. This is critical to the health and vitality of our community. The SDC R2N Mission states that *we are a group of neighbors helping neighbors towards Godly, resilient, daily living and community readiness for improved quality of life in stable or unstable times.* We are a body of members building service and sovereignty for ourselves and each other via the following 3 Pillars & 5 Groups:

- Prayer for our membership, our community and our country
- Agape service to members inside our community who need assistance of any kind
- Community Strength via Readiness & Resilience Education and Practices in
    1. Food & Water
    2. Shelter
    3. Safety and Security
    4. Health and Wellness
    5. De-centralized living.

The objective of this PMA is to provide all PMA members, Team Leaders and the Governing Board with a platform to conduct all manner of private business and consultation (PB&C). These PB&C activities will be conducted within the Association, keeping all business and consultation in the private domain, and thereby providing a platform for members to utilize the protections acknowledged and guaranteed by the United States Constitution.

2. We believe that the Constitution of the United States of America guarantees our members the rights

of free speech, petition, assembly, and the right to gather together for the lawful purpose of helping one another in asserting our rights protected by the United States Constitution, in addition to the rights to be free from unreasonable search and seizure, the right to not incriminate ourselves, and the right to freely exercise all other inalienable rights as granted by God and guaranteed by the Constitution.

WE HEREBY Declare that we are exercising our right of "freedom of association" as guaranteed by the U.S. Constitution and equivalent provisions of the various State Constitution. This means that our Association activities are restricted to the private domain only.

3. We declare the basic right of all of our members to gather under the banner of prayer and to decide for themselves which members could be expected to give wise counsel and advice concerning all matters, including food, water, shelter, health and wellness, safety and security, and decentralized (including financial) systems. We search among our members for any counsel and expertise on physical, mental, emotional and spiritual health, and any other matter, and to accept from those members any and all counsel, advice, tips, etc, whom we feel are able to properly advise and assist us.

4. We exercise the freedom to build security and independence within our groups of food/water, shelter, safety/security, health/wellness and decentralization, and choose ways to conduct interactions among members in a decentralized fashion. We exercise this freedom based on what the team leaders, the governing board and the body of members deems best for achieving and maintaining optimum community wellness, as well as the freedom to choose for ourselves any types of assistance which may be made regarding providing services and consultation activity among members.
5. The Association will recognize any person (irrespective of race, color, or creed) who desires to be a part of the mission, tenets and values of the SDC Readiness & Resilience Network. The SDC R2N PMA is a Wet Mountain Valley-based cooperative by and through our relationship with our fellow members, this association operates on lands that are owned, leased, stewarded and occasionally rented by R2 Members, who adhere to good conduct, as described in our Mission and Value statement.

6. A person's Membership to the SDC R2N PMA, and any of its groups, may be terminated by the Governing Board at any time should they conclude that a member is interacting with the group or any other members in a way that is contrary or detrimental to the focus and principles of this Association or incompatible with God's law, the SDC R2 Mission, and the U.S. Constitution. Such issues will be

discussed within and voted on by a simple majority of the Governing Board, with a deciding vote on a board split decided by all members voting on the termination less founding member Elizabeth Robinson (7 total voting). Any issues between members shall be mediated by members of the group, beginning with the Governing Board. All jurisdiction for any disputes shall be handled only within the SDC R2N PMA structure.

By signing up as a member and agreeing to these terms, I agree that, under God's law, I will not pursue county, State, or Federal legal means to adjudicate issues between members and that I am 100% self-responsible in making decisions in relationship to others and with respect to our PMA relationships.

7. I understand that, since The Association is protected by the First and Fourteenth Amendments to the U.S. Constitution, it is outside the jurisdiction and authority of Federal and State Agencies, as well as local Authorities concerning any and all complaints or grievances against The Association members, Team Leaders or Governing Board members. All rights of complaints or grievances will be settled by an Association designee or committee and will be waived by the member for the benefit of The Association and its members.

8. By agreeing to this membership form I agree that I have sought sufficient education to determine that this is the course of action I want to take for myself. My activities within The Association are a private contractual matter *under common law* that I refuse to share with the Local, State, or Federal investigative or enforcement agencies. I fully agree not to pursue any course of legal action against a fellow member of The Association, unless that member has exposed me to a clear and present danger of substantive evil, and upon the recommendation and approval of the Association.

9. I enter into this agreement of my own free will without any pressure or coercion. I affirm that I do not represent any Local, State or Federal agency whose purpose is to regulate and approve products, or to carry out any mission of enforcement, entrapment or investigation. I have read and understand this document, and my questions have been answered fully to my satisfaction. I understand that I can withdraw from this agreement and terminate my membership in this association at any time, and that my membership can and will be revoked if I engage in abusive, violent, menacing, destructive or harassing behavior towards any other member of The Association. These pages consist of the entire agreement for my membership in The Association. I agree this contract began on the date of my joining

SDC R2 PMA Application. I declare that by joining this Association, I have carefully read the whole of this document and I understand and agree with it. I also agree that, should I disagree with any part of this statement, I will immediately provide written notice of termination of my membership and present that to any member of the SDC R2N Governing Board.

Print Name: Date:

Joining Signature of Applicant: Date:

Governing Board Member: Date:

Leaving Signature of Applicant: Date:

Signature of Governing Board Member: Date

Paid Amount:

Appendix F – R2 Trade Currency Matrix

R2 Trade/Currency Matrix

COMMODITY-BASED "Money" for trading or as store of value					
Bold = Standard	**Key Dependancies**	**Unit**	**Current Market Value**	**Unit**	**Current Market Value**
Gold Spot	USD Exchange Rates	ounce	$2,050		
Gold Eagle $		**1 ounce**	**$2,145**	**.1 ounce**	**$294**
Gold Maple Leaf		1 ounce	$2,095	.1 ounce	$263
Sliver Spot	$23	1 ounce	$23		
Sliver Eagle	**Current Year =>**	**1 ounce**	**$29**	63.33	
Sliver Eagle	2008 =>	1 ounce	$33.50		
Silver Rounds	Not Date Dependant	1 ounce	$25		
Junk Silver	**Pre-'65 Coins (90%)**	**$5 Face**	**$95**		
Gold-Silver Ratio: As a guidline in absence of access to current market rates:				**90:1**	<= Historically High
Currency	**Description**	**Commentary**			
FIAT Dollars	US Dollar, including IOUs by Banks.	Full Faith In U S Government			
CBDC	Central Bank Digital Currency	Digital dollars, Yuan etc.. trackable currencies being rolled out by central banks or proxies thereof as programmable money.			
Locally Producable Products that are easily tradable					
Product	**Key Dependancies**	**Unit**	**Current $ Value**	**Relative to Silver Eagle**	
EGGS	Cost & Availabilty of Feed	Dozen	$6.00	Five dozen per Silver Eagle	
Beef	Refregeration & Transportation	1 lb ground	$8.00	3.5 pounds per Silver Eagle	

Honey		1 lb	$10.00	Three pounds per Silver Eagle	
High-demand items under "Wipsy Do" Situations - Highly Volitle if SHTF					
AMMO - Common	**Key Dependancies**	**Unit**	**Current $ Value**	**Relative to Silver Eagle**	
9 MM FMJ (target)	Quantity purchased, jacket & grain	Rounds	$0.25	114	per Eagle
9 MM HP (protection)	Quantity purchased, jacket & grain	Rounds	$0.40	71	per Eagle
45 ACP - target	Quantity purchased, jacket & grain	Rounds	$0.45	63	per Eagle
45 ACP - protection	Quantity purchased, jacket & grain	Rounds	$0.90	32	per Eagle
.223 - target	Quantity purchased, jacket & grain	Rounds	$0.57	50	per Eagle
.223 - hunting	Quantity purchased, jacket & grain	Rounds	$0.69	41	per Eagle
.223 - hollow Point	Quantity purchased, jacket & grain	Rounds	$0.88	32	per Eagle
.556 - target	Quantity purchased, jacket & grain	Rounds	$0.60	48	per Eagle
.556 - hollow Point	Quantity purchased, jacket & grain	Rounds	$1.75	16	per Eagle
30-06-SP (hunting)	Quantity purchased, jacket & grain	Rounds	$1.60	18	per Eagle
30-30-SP (hunting)	Quantity purchased, jacket & grain	Rounds	$1.30	22	per Eagle
12 guage	Quantity purchased, shot	Rounds	$0.40	71	per Eagle
Fire Arms	Supply & Demand				
Tradable but highy	**"barginable" Items**				
People's Time	**Key Dependancies**	**Unit**	**Lowest $ Value**	**Relative to Silver Eagle**	
Labor	Value based. Extremely Subjective	Hourly	$14.50	2	per Eagle
Labor	Value based. Extremely Subjective	Project			

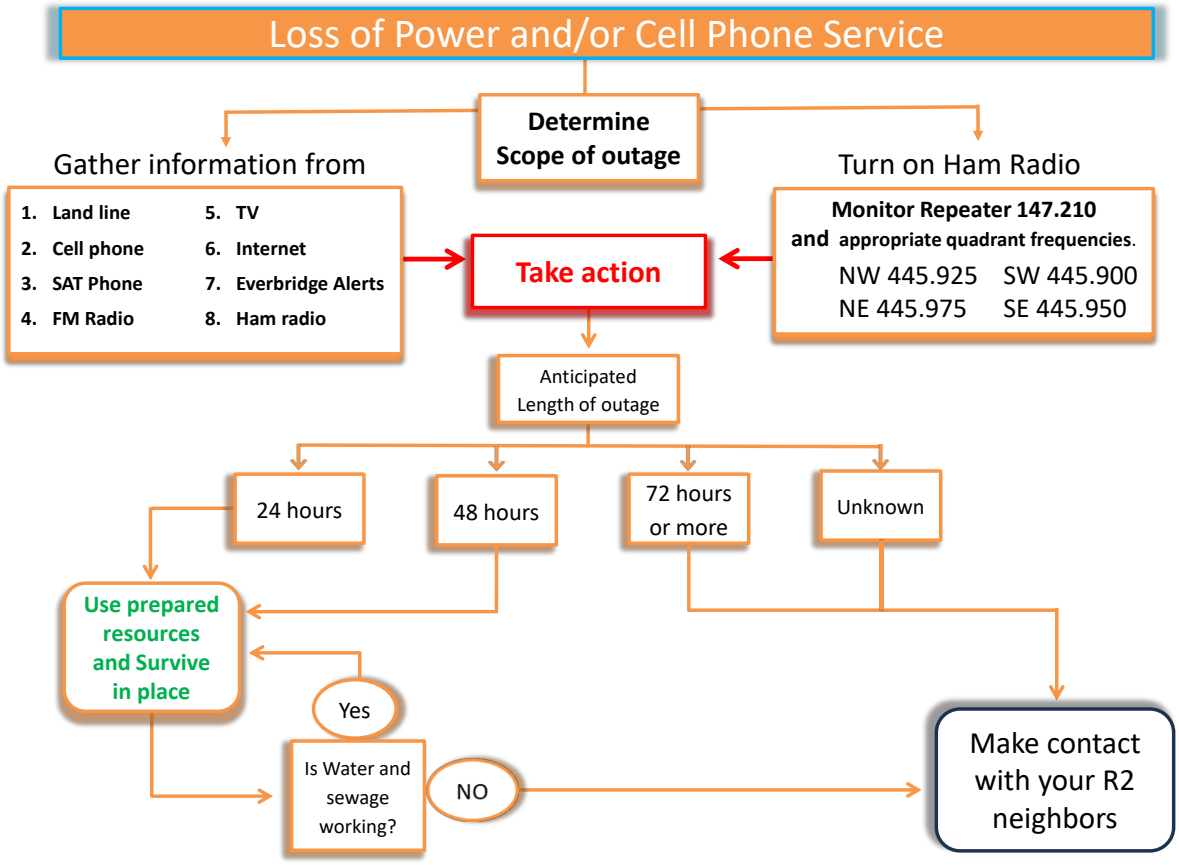
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R2 Trade/Currency Matrix

Energy	**Key Dependancies**	**Unit**	**Current $ Value**	**Relative to Silver Eagle**	
Gasoline		Gallon	$3.00	10	per Eagle
Diesel		Gallon	$3.50	8	per Eagle
PV Generator		Hours	??	#VALUE!	per Eagle
Propane Tanks	Size				
Building Supplies					
Lumber					
Wood					
Hardware					

Pipe					
Tools					
Techlology					
Sat Phone	Trade minutes?				
Citizen Ban Radios					
Faraday Bags/ Cages					
Cryptocurrencies					
Bitcoin	Supply (decreasing) Demand (increasing)		$43,000	1,509	Silver Eagles
Etherium	Supply (decreasing) Demand (increasing)		$2,300	81	Silver Eagles

Appendix G – Loss of Power and/or Cell Service





In the End:

Truly go with a deep feeling of “God First”, or “Highest Good First”. Lead with the sobering reality that we are in the midst of an epic battle, a great war, a war for the hearts and souls of humanity. It just so happens to be set against the backdrop of the most incredible love story of all time…. We have a Sovereign God Creator who loves us…and we are the creation and the moment-to-moment creators of what’s next. Make it awesome. No matter what happens.



With Love,
Elizabeth & Stephen